



# Flower Dye

For thousands of years people in Scotland, and all over the world, have used natural plant dyes to colour their clothes and to create art.

First you'll need some plants, go for a walk in nature, or into your garden, and carefully (without causing damage) collect leaves, plants and flowers – as many different colours as you can! You'll also need some pebbles (about the size of your hand); some cloth (muslin works best but you could also use an old white sheet or a t-shirt); And a hard surface – the ground works best!



Once you collected your plants sandwich them inside your piece of cloth and use the pebble to carefully tap and crush the plant material between the material to release their natural dyes.

What plants and flowers work best? Some of the colours might surprise you!

If you make some great flower art why post it on our social media pages to let others see it? We're on twitter as **@WildCumbernauld** and Facebook as **Cumbernauld Living Landscape**

