



Make a Green Man

The Green Man is an ancient symbol found all over the world from the jungles of South America and Asia to the pyramids of Egypt and the forests and towns of Europe.

People have been making them for hundreds of years and their original roots and purpose are lost in the mists of time.

The Green man is often thought to be a symbol of growth, rebirth and the coming of Spring. They are also frequently referred to as guardians of nature and natural spaces.



Most follow a similar pattern, a face, surrounded by or made up of leaves and vines, peering out of the undergrowth. Sometimes they are completely covered in leaves, other types have vines or branches emerging from the mouth, nose and eyes.

You can make yours out of clay, mud, leaves and natural materials – or you could draw, paint or even crochet one!

No one really knows what Green Men— and Green Women or Green Animals—were meant to represent, it's up to you what you think yours means – make it as friendly or as scary as you like!

If you make your own green man why not tell us on our social media pages to let others see it? We're on twitter as **@WildCumbernauld** and Facebook as **Cumbernauld Living Landscape**

