



Cumbernauld Living Landscape



Cumbernauld Glen - new life for old trees

Some of the trees in Cumbernauld Glen are hundreds of years old. With a little help from us these native trees should still be going strong for another few hundred years, along with the wildlife that depends on them.

Parts of Cumbernauld Glen are ancient woodland - which in Scotland means there have been trees here since before 1750. Many of them are oaks - trees that can easily live for 500 years

History

The steep sides of the Glen, where the Bog Stank and Red Burn cut through the soft rocks that lie under our feet, saved the woodlands here from being turned into farmland, as much of Cumbernauld was. That's why we still have some of these beautiful old trees. As part of the Cumbernauld House Estate, who knows what grand folk may have passed through the woods before you.



Oak - The Wildlife Trusts

Oak trees are especially good for wildlife - they can support over 500 species some of which can't live anywhere else.



Bluebell - The Wildlife Trusts

We should never take our bluebell woods for granted. Britain has at least a quarter of the entire world population of this little blue flower.

Wild Cumbernauld Trail

Take on the Wild Cumbernauld Challenge and find the special Wild Cumbernauld Trail Posts - there's one at each of six wildlife sites around the town.



Wild Cumbernauld Challenge badge

There are twelve trails - two at each of the six highlighted Cumbernauld wildlife sites. Each has one trail post with the special 'Wild Cumbernauld Challenge' badge on it. Can you find them all?

and more, so they've got plenty of living to do yet. But to stay healthy, woodlands need young trees as well as old ones, and open glades where the sun comes in so wildflowers like our beautiful bluebells thrive too. Scottish Wildlife Trust has been managing these woodlands to make sure that happens, planting young native trees and thinning some of the non-natives so that we still have these wonderful woodlands for centuries to come.



You Are Here

Trail Map Key

- Oak Trail
- Bluebell Trail



Map Key

- Wildlife Sites with Trails
- Wildlife Sites
- Path Networks
- Main Roads

Oak Trail

Follow an oak from acorn to ancient tree on this lovely woodland walk.

Distance: 0.5 km / 0.3 miles
Path Grade: Tarmac and gravel paths, some gentle slopes, some muddy sections.

Bluebell Trail

Even though the bluebells are only in flower for a few weeks in spring, this is a blooming good trail to discover any time of year.

Distance: 3 km / 2 miles
Path Grade: Wide, tarmac and gravel paths, but some short, steep sections.

Where will you explore next?

Cumbernauld Glen is just part of the network of wonderful green spaces that surrounds Cumbernauld. You can walk or cycle from here to Forest Wood Wildlife Reserve to the south, or visit Seafar Wildlife Reserve to the east to discover the Butterfly and Bat trails. Check out the map to help you decide where to explore next.

Partners:



Funders:



Cumbernauld Living Landscape is a partnership that aims to work with local communities to improve Cumbernauld's green spaces for both people and wildlife, helping everyone in the community to connect with the nature on their doorstep.

www.cumbernauldlivinglandscape.org.uk @wildcumbernauld

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Here is a sneak peak at the new roundel designs – soon to be installed in the Cumbernauld Community Park.



Pine Marten Trail

1. I am a nocturnal mammal – which means I mostly come out at night. Because it's dark when I hunt, my hearing is amazing. How good is yours? Close your eyes and listen. Try to work out what you can hear. Can you hear more than when they are open?



Pine Marten Trail

2. I will protect big areas from other pine martens – who might try to capture my territory to find more food. See if you can defend a territory. Put something on the ground like a hat or a coat and get someone you are with to try and get past you to take it.



Pine Marten Trail

3. I may look cuddly, but I have fierce claws and sharp teeth - for catching the birds, mice, and insects I eat. How many of my favourite foods can you spot around here. Would I find enough to eat?



Pine Marten Trail

4. I am around the size of a house cat and can also climb trees and fall on my feet just like a cat. Can you move like me? See if you can jump and twist in the air like I do.



Pine Marten Trail

5. I nest in the hollows of trees, amongst rocks and even in squirrel dreys and bird nests. Where might I find food and water?



Pine Marten Trail

6. My long bushy tail helps me balance when I'm climbing trees. See how it works. Pretend you're walking along a narrow branch. First hold your arms by your sides, then try it with your arms out wide. Which is easier?

