



Feeling Safe Outdoors



Leading a Litter Pick



Let's talk litter!

*It's
rewarding!*

- Why should we litter pick?
- Do you think there is an issue with litter in schools?
- How does litter effect your local neighbourhood?
- How does the litter look?
- What causes litter?
- How does seeing litter make you feel?
- What problems can litter cause?

It's fun!

*It helps
wildlife!*

*It's
impactful!*

*It protects
habitats!*

*It helps
humans!*

Litter Lingo!

As well as taking rubbish home with you, the best way to prevent litter is to tackle the source of the problem:

Reduce, Reuse & Recycle

How to organise a Litter Pick

Step 1: Risk Assessment

Making sure you have gone through the process of Risk Assessing the task, you are making sure you cover your duty of care, legal responsibilities and are insured.

Step 2: Site Visit

Take a trip to the site to help you prepare to do a risk assessment. It will allow you to fully gauge the suitability of the site and when you get there you will be able to make sure the pupils are aware of the boundaries of the site, as well as what to do if they become separated from the group.

Step 3: Gather Resources

Pull together resources including thick bin bags for collecting the litter in, bag rings* (for holding the bags open), litter pickers, gloves, litter tally sheet*, clipboards*, pencils*, scales and a plastic sheet* for inspection (*optional). Take along a 'Daily Risk Assessment' for factors like weather, staffing and first aid + safe guarding on the day.

Step 4: Ground Rules

Before you set off – consider how the group will be work together – is competition worth encouraging? Safety talk: Set out the ground rules for the activity. Make sure you are visible i.e: get everyone to wear a 'high vis'. Tell pupils to avoid using their hands to pick up the litter. Pupils should also be told to avoid collecting certain items – broken glass, dog faeces, heavy or large items of rubbish.

Choosing your location

Thinking about where to go will be based on the time available, the location of your school and where your most accessible green spaces are. It is advisable to avoid busy roadsides, riversides and canals, but if you can access a beach then this can be incredibly enjoyable.

Go on a litter pick or beach clean

wildlife
watch

Scottish
Wildlife
Trust

You will need:

- an adult helper
- a group of friends (optional but useful!)
- thick gardening gloves 
- strong bin bags 
- brightly coloured clothes (for visibility near roads) 
- suitable footwear (sturdy boots for rocky beaches) 

Ask an adult to take you on a litter pick or beach clean.

Ask an adult if you're not sure whether to pick something up.

Things to avoid

- broken glass
- sharp objects
- dog poo bags
- anything dirty or dangerous
- large or heavy rubbish
- bottles of liquid

Try not to overfill bags to avoid splitting.

You could try separating litter into different bags for recycling.



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www.wildlifewatch.org.uk

Going Public

There are further considerations for organising a public litter pick or beach clean. Please consider landowner permissions and have a look at Keep Britain Tidy. Marine Conservation Society also has for tips for carrying out a public beach clean.